

fearless confidence

we have been led to believe,
that the more certain we are about our own identity or personality,
the more confident we are in our skins.

it seems that we feel most confident,
when we feel we have control over a situation,
and certainty about its outcome.

but can confidence be truly tested in a comfortable environment?
can a ship be tested if it is anchored in its harbor?
is it not true that the pilot can only be forged in the storm?

it must then follow that,
true confidence stems not from the certainty of an outcome,
from the inflation of the ego,
or from the comfort of predictability;

but rather from the ability to face uncertainty,
to dissolve the illusion of control,
to maintain the heart's stillness in chaos,
and to be totally present.

to emanate beauty of character;
to respect the vehicle as a temple,
to honor its form,
and to be in tune with the forces of creation.

for all who choose the path of self-inflation,
will be inevitably exposed to the pain of deflation.

can you dive into the unknown?
isn't life already temporary?

only in letting go the fears of the mind,
can a man be totally present;
anything you hold on to is just an illusion of control.

and if death is already certain,
what is the worst thing that can happen?

surrender to death,
to chaos,
to uncertainty,
and all fears shall dissipate.

*“... I shall not enter Odin’s hall with fear..
...my death comes without apology..
...and I welcome the valkyries,
to summon me home.”*